

Project **GLOW**

A newsletter to inform and help the community find the resources they need to succeed!!



Due to the uncertainty concerning the Coronavirus, Winnipeg Housing Rehabilitation Corporation (WHRC) is implementing certain steps to protect the safety of those we work with. Because of the Province of Manitoba's recommendation that contact with others be minimized (Social Distancing), our office will be closed to the public until further notice. All staff are available by phone or email. Please call 204-949-2880 or email info@whrc.ca. If you need to drop off rent cheques (NO CASH), applications or other paperwork we will be installing a mailbox outside of our office door for your convenience. The mailbox will be checked daily and correspondence forwarded appropriately.

Alternatively for your convenience, we recommend that you set up for pre-authorized debit payments (PADs). PADs are a convenient way to pay your rent which would include a one time set up to give authorization to Winnipeg Housing Rehabilitation Corporation to withdraw the monthly rent from your bank account.

Please take note that if the Office does reopen before the dates below, we will be closed in observation of the holidays



Please note: WHRC will be opening at 9:30 am on Tuesday, April 14, 2020



WHRC will be CLOSED Good Friday, April 10, 2020 and Easter Monday, April, 13, 2020

Spring Flooding



Just a reminder to all those living in basement suites. Please keep valuables off the floor to avoid water or drain back-up damage. Call WHRC if you see puddles on

Income Tax

Are you still looking to file your income tax? Did you know you may be eligible to file your tax over the phone?

With the current climate around Coronavirus COVID-19, filing you taxes over the phone through Canada Revenue Agency (CRA) may be the best option for you.

This new service, called File my Return, lets eligible Canadians with low or fixed income whose situations remain unchanged from year -to-year file their income tax and benefit return through a dedicated, automated phone service.

The service is only available to eligible individuals who were sent an invitation letter. The service will verify and confirm the caller's eligibility at the beginning of the call. If the caller is not eligible, the automated call will not let them go further in the process.

Individuals with questions about the File my Return service and their eligibility, can call the CRA's individual tax enquiries line at 1-800-959-8281

ABOUT CORONAVIRUS DISEASE (COVID-19)

WHAT IT IS?

COVID-19 is an illness caused by a coronavirus. Human coronaviruses are common and are typically associated with mild illnesses, similar to the common cold.

HOW IT IS SPREAD

Coronaviruses are most commonly SPREAD from an infected person through:

- ◆ respiratory droplets when you cough or sneeze
- ◆ close personal contact, such as touching or shaking hands
- ◆ touching something with the virus on it, then touching your eyes, nose or mouth before washing your hands

These viruses are not known to spread through ventilation systems or through water.

IF YOU HAVE SYMPTOMS

If you have SYMPTOMS of COVID-19 — fever, cough, or difficulty breathing:

- ◆ stay home to avoid spreading it to others
 - ◇ if you live with others, stay in a separate room or keep a 2-metre distance
- ◆ call ahead before you visit a health care professional or call your local public health authority
 - ◇ tell them your symptoms and follow their instructions

If you need immediate medical attention, call 911 and tell them your symptoms.

<file:///C:/Users/fclarke/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/LV5ASSHH/about-coronavirus-disease-covid-19.pdf>

FOR MORE CORONAVIRUS INFORMATION :

Please visit the Province of Manitoba's website <https://www.gov.mb.ca/covid19/index.html>.

If you're exhibiting symptoms you should contact Health Links-Info Santé at 204-788-8200 or 1-888-315-9257 (toll-free).

SYMPTOMS

Symptoms may be very mild or more serious. They may take up to 14 days to appear after exposure to the virus.

Fever ~ Cough ~ Difficulty breathing

PREVENTION

The best way to prevent the spread of infections is to:

- ◆ wash your hands often with soap and water for at least 20 seconds
- ◆ avoid touching your eyes, nose or mouth, especially with unwashed hands
- ◆ avoid close contact with people who are sick
- ◆ when coughing or sneezing:
 - ◇ cover your mouth and nose with your arm or tissues to reduce the spread of germs
 - ◇ immediately dispose of any tissues you have used into the garbage as soon as possible and wash your hands afterwards
- ◆ clean and disinfect frequently touched objects and surfaces, such as toys, electronic devices and doorknobs.
- ◆ stay home if you are sick to avoid spreading illness to others

Contact

Have a question about available resources?

Contact Fiona:

Phone: 204-560-2470

Email: fclarke@whrc.ca

**Project Glow is sponsored by
Winnipeg Housing Rehabilitation
Corporation.**

Phone: 204-949-2880 Website: www.whrc.ca

