



# Project **GLOW**



September 2019

**A newsletter to inform and help the community find the resources they need to succeed!!**



Please note: WHRC will be closed on September 7, 2020 in observation of Labour Day

**Office Hours 8:30am–4:30pm**

Please note that the office at 60 Frances Street will now also be open from 12:00pm–1:00pm. Please note that this is for rent payments and general inquiries only. If you need to speak to the property manager please call and set up an appointment. Emergencies can also be called into our office at 204-949-2880.



## LEASE REMINDER

FOR DECEMBER 1, 2020 LEASE RENEWAL



Please forward immediately to WHRC any lease renewals that were due back August 31, 2020 or rent is automatically set to Market rent.

Market rent charges will not be reversed.

If you need help with your lease renewal, please contact your Tenant Resource Coordinator

## Maintenance Requests

Please direct all maintenance requests to your caretaker. If they are minor repairs, the caretakers might be able to fix them. Otherwise the caretaker will contact their Property Manager who will have a professional come to fix the issue.



## Drain Maintenance

To help keep your drains running please do NOT dump grease or cooking oil down the drain and please only flush waste and toilet paper down the toilet.

## Option “C”



When calling for your Option “C” also know as the Income Tax Return Information-Regular, call Canada Revenue Agency (CRA) then follow the steps below to use the automated services.

Please have your income tax statement ready from either 2018 or 2017 tax year, as well as your social insurance number on hand before you make the call.

- ◆ After you dial CRA at 1-800-959-8281,
- ◆ Press (2) for forms and publications
- ◆ Press (1) for proof of income statement
- ◆ Then you will be asked to enter your social insurance number
- ◆ Next you will be asked to enter your date of birth
- ◆ After that you will be asked to enter the amount you reported on Line 150 of your 2019 income tax by pressing (1) or 2018 income tax by pressing (2)
- ◆ You will then be asked if you are requesting your Option “C” for 2019

Your Option “C” should arrive in about 10 business days.

# Back-to-School Tips

Going back to school may be a bit different for your child this year due to COVID-19. Please ensure that you are in contact with your child's school for more information on schedules, and personal protective equipment your child may need.

For more information on going back to school, please visit the Government of Manitoba's website at <https://www.gov.mb.ca/covid19/restoring/rss-guidelines-september.html>

Below are some tips to help you prepare for the upcoming school year:

Reuse any supplies you have left over from last school year. Check out bargain shops and dollar stores to top up supplies. Give older children a budget and allow them to purchase their own supplies.

Get back into a bedtime routine. Start a week before school starts so children are ready for the first day.

Encourage children to eat breakfast and pack them healthy lunches. If you are struggling to provide food for breakfast and lunch, check with your child's school, they may have a meal program. Save on healthy food by purchasing in bulk. Share the cost with a neighbor and split the products.

Discuss homework with children before the school year starts. Creating a schedule can avoid conflicts later.

Encourage children to do homework with limited distractions. Establish with older children appropriate times for instant messaging, online time and phone calls.

Literacy is very important for everyday activities. If as a parent you struggle to read, practice together with your child, taking turns to read to one another. Schools and public libraries have books on all different topics and all reading levels. As a parent you are never too old to learn more with your child.

Discuss the day at school with your child. Take interest in their classes and their friends. If your child participates in a school program, try to find time to attend the activities. Parental involvement in a child's life can reduce involvement in gang activities and drug use.

Most information from: [http://www.edu.gov.on.ca/eng/parents/backtoschool\\_tips.pdf](http://www.edu.gov.on.ca/eng/parents/backtoschool_tips.pdf)

Have a question about available resources?

## Contact:

**Victoria Skovrlj:** Tenant Resource Coordinator  
Phone: 204-949-2896  
Email: [vskovrlj@whrc.ca](mailto:vskovrlj@whrc.ca)

**Ewa Wadowska:** Tenant Resource Coordinator  
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**Phone: 204-949-2880 Website: [www.whrc.ca](http://www.whrc.ca)**

